



Partner with
Dr. Tom's Life-
Saving Work

**Will you help secure
the next 20 years of
compassionate medical care**

FOR THE PEOPLE OF THE NUBA MOUNTAINS?





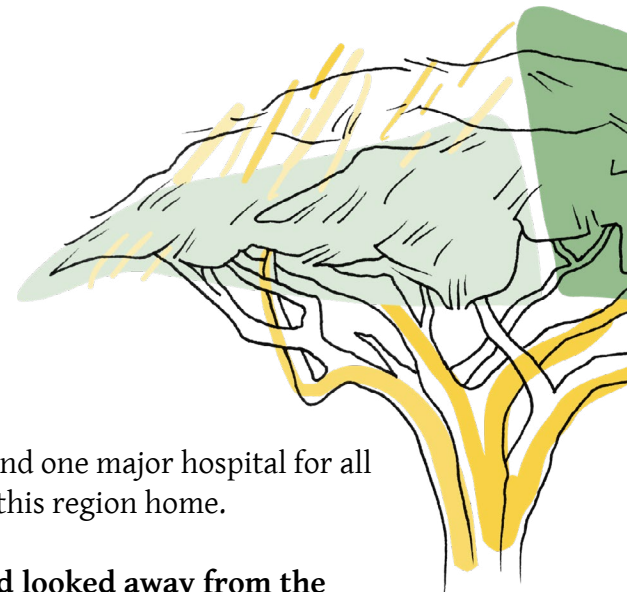
The People of Nuba Need You

In an area twice the size of New Hampshire, 1.3 million people call the Nuba Mountains home. It's hard to get there. Planes don't come very often. They bring with them traumatic memories of bombing. You can find a Coke in almost every village in Africa now. But not in Nuba.

The landscape is still marked by craters and landmines.

The terrain is lush and beautiful in the rainy season. Barren and arid in the dry season. But bombs are no respecter of seasons or homes or children. Even several years after a ceasefire was declared, the landscape is still marked by craters and landmines.

The remnants of foxholes can still be seen. Loud noises once sent children screaming through the dust for shelter. Before some of them were even old enough to speak, they already knew to fear the sound of airplanes overhead. War robbed them of their childhood and left its indelible marks. Widespread food shortages led to mass malnutrition. And treatment for the emotional and physical wounds of war is hard to come by.



There is only one surgeon for 1.3 million people.



There is only one surgeon and one major hospital for all 1.3 million people who call this region home.

When the rest of the world looked away from the humanitarian crisis here, Dr. Tom made this place his home. He chose to stay.

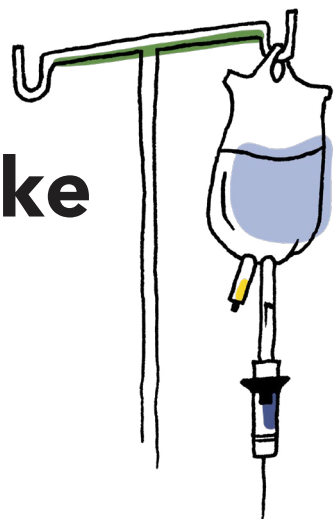
As Nicholas Kristof reported in [The New York Times](#):

"A Muslim paramount chief named Hussein Nalukuri Cuppi offered an even more unusual tribute.

"He's Jesus Christ," he said. Er, pardon? The chief explained that Jesus healed the sick, made the blind see and helped the lame walk — and that is what Dr. Tom does every day.

You needn't be a conservative Catholic or evangelical Christian to celebrate that kind of selflessness. Just human."

The Difference You Can Make



Will you help Dr. Tom continue his life-saving work serving the people of Nuba?

We need your help to raise \$7.5 million dollars to help Dr. Tom secure the next 20 years of compassionate medical care for the people of the Nuba Mountains. With the generous partnership of people like you, we're already \$4 million towards the goal!

But we need your help to cross the finish line. Your gift today will transform their tomorrow.

With a budget of just \$1.8 million in 2021, Dr. Tom and the team at Gidel Hospital were able to accomplish incredible things and care for over a hundred thousand patients:

- 75,295 clinic visits, a 33% increase compared to 2020
- 6,892 hospital admissions
- 2,639 surgeries, including 368 eye operations performed by a Nuba physician assistant trained by AMH in Tanzania
- 3,555 patients treated for eye diseases
- 103,000 patients cared for at six rural community clinics
- 9,280 antenatal visits and 553 babies delivered, an increase of 45% over the past two years (25% of these deliveries were by C-section)
- 256 tuberculosis and leprosy patients treated, a 36% increase compared to 2020

While peace is a wonderful change for this region, it also brings its own challenges. Scarce resources are strained as many refugees and families who weren't able to cross the frontlines before are coming to get help from Dr. Tom and the team at Gidel Hospital.

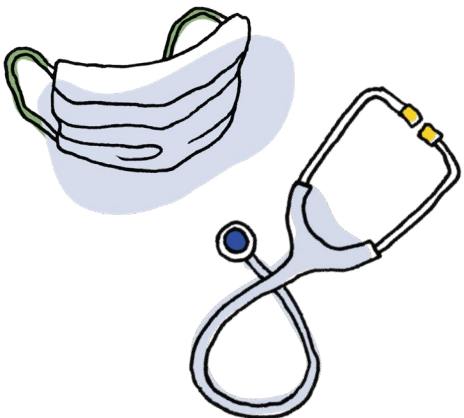
Dr. Tom needs our help to continue to care for each person who walks through the hospital's doors. We want to build on the foundation he's laid over the last 14 years and ensure his work continues well into the future.

Key Goals

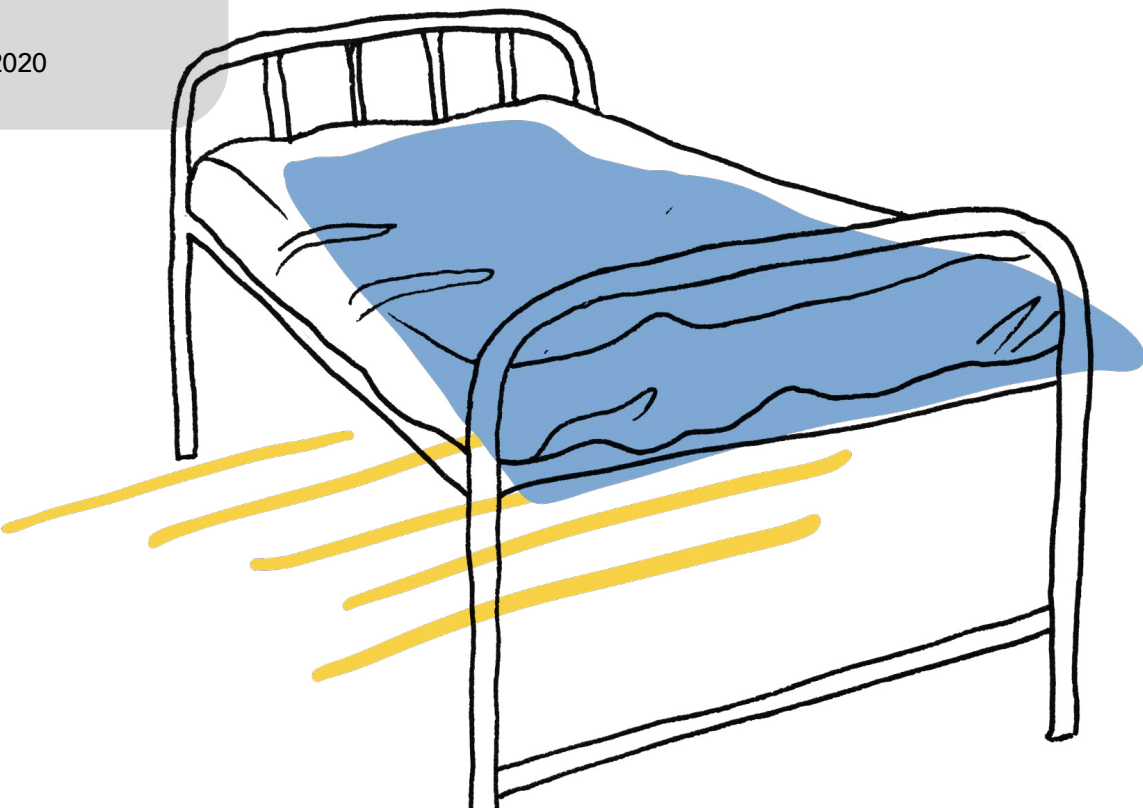
Build an Endowment to Secure and Expand the Next 20+ Years of Compassionate Medical Care in Nuba

Together we can strengthen the health system in Nuba and create a new clinical training school that is integrated with the effective healthcare at the hospital.

Our goal is to raise \$7.5 million towards a term of endowment to support Dr. Catena's efforts to provide compassionate healthcare and quality training in Nuba over the coming decades. As part of this initiative, a portion of the term endowment will fund approximately 30% of the hospital's current level of expenses, providing a substantial subsidy for future operations. We anticipate this arrangement being in effect for a minimum of 20 years, with the possibility that the endowment could last much longer, meaning the figures listed below represent a minimum level of impact. Other portions of the term endowment will serve to sustain a health services school, training people from the region as nurses, midwives, and physician assistants.



Dr. Tom needs your help to continue to provide—and expand—this level of compassionate medical care throughout the region.



The goal of the campaign is to provide a reliable source of funding that enable these services to continue well into the future, ensuring that no sick patient is turned away. In Nuba, patients are asked to contribute very nominal co-payments, and every emergency case is treated regardless of ability to pay.

For partners endowing services, signage with the name of your choosing will be prominently placed in an appropriate area of the hospital. Those giving \$15,000 or more will be recognized with a prominently displayed plaque. You will receive an annual report detailing the impact of your life-saving gift as well as periodic updates from Dr. Catena in the field with stories of patients impacted by your compassion.



Saving Rasik

Rasik is just 4-years-old, but he's already famous. His joyful spirit and complicated medical history have earned him the love of the entire team at Gidel Hospital.

His mom, Hama, first brought him to Gidel for a ruptured appendix. Dr.

Tom prescribed antibiotics. Rasik immediately improved and was able to go home, but he had to make the journey back to the hospital when an abscess formed. Once again Rasik received treatment and improved, but Hama had to bring her child back a third time when his side began to swell.



Thankfully, Dr. Tom had the equipment to do an ultrasound and diagnosed Rasik with Burkitt's lymphoma, a frequent form of cancer in the Nuba Mountains. Little Rasik quickly started chemotherapy and went through six full rounds without complaint. The tumor disappeared, but that wasn't the end of the story. A small wound developed on his back which required an operation.



Dr. Tom had to remove part of Rasik's large intestine and what remained of his appendix. This complex surgery, in addition to the cancer treatment, saved Rasik's life. In a few days, he was back up and running around.

Rasik's story is unique and his medical history complicated, but his treatment is an example of how important it is for Dr. Tom to have the equipment, medicine, and trained staff needed to save the lives of little ones like this.

Thankfully, Dr. Tom had the equipment to do an ultrasound.



Will You Help Dr. Tom & The People of Nuba?

Tom Catena grew up in Amsterdam, New York, in a large, devoted Catholic family. He played football at Brown and attended Duke Medical School. After completing his residency in Indiana and serving as a Navy doctor for five years, Dr. Catena went straight to the mission field in Kenya, where he honed his surgical skills. In 2008, Tom moved to Sudan to serve the people of the Nuba Mountains.

He left behind family and friends to serve in one of the most remote, war-torn areas on earth.

When fighting started again in 2011, almost all the expatriate workers evacuated, but Dr. Tom remained. He insisted on staying. He believed that leaving would be the same as saying his life is more important than those in Nuba, which he did not accept. As Tom says, *"The source of most of our conflicts is the idea that one person's life is more valuable than someone else's. We have forgotten that we are all children of God and therefore somewhat related."*

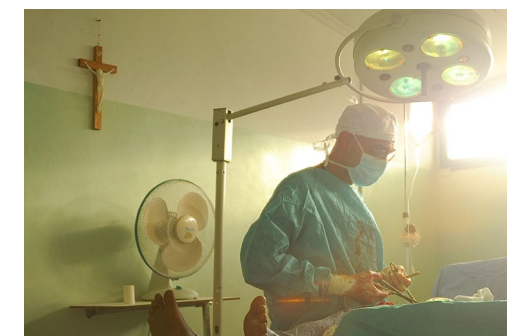
In 2014, the hospital was targeted. Bombs fell right next to his home.

Dr. Tom insisted on staying.

He continues to stay and serve to this day. Now his wife, Nasima, a native of the Nuba Mountains and a nurse at Gidel Hospital, works alongside him.



Dr. Tom, Nasima, and their son Francis.



Will you continue to partner with Dr. Tom and help secure the future of medical care in Nuba?





By partnering with Dr. Tom, you can create a legacy of compassion. Help him serve the people of Nuba and provide long-term access to quality, compassionate medical care in one of the most remote regions of the world.

Visit HealthforNuba.com to give today and be part of transforming the future for the people of Nuba.

To send your gift via check, please make your donation out to African Mission Healthcare with "Nuba" in the memo line and send it to African Mission Healthcare, 101 N. Woodland Blvd, Suite 500, Deland, FL 32720.