

# You Were There



AFRICAN  
MISSION <sup>+</sup><sub>+</sub>  
HEALTHCARE

2023 HIGHLIGHTS

*Thank  
you*

for being there  
to provide life-saving  
care in Africa.







*You were there  
to help provide  
essential  
healthcare for  
people in Africa.*

*Treating  
Patients Today*

*Training  
Doctors for  
Tomorrow*

*Transforming  
Hospitals for the  
Future*

Dear partners in healing,



Since 2010, you have been with African Mission Healthcare as we have grown from helping a handful of hospitals in just a few countries to working with 32 active partners in 11 nations. Thank you!

Because of your support, AMH is treating patients today, training health professionals for tomorrow, and transforming hospitals for the future.

You were there as we **treated patients today** with nowhere else to go. Since 2010, you were there as we sponsored tens of thousands of surgeries and treated more than 50,000 with malaria.

You were there as we **trained tomorrow's healthcare professionals**. Thousands of HIV-care providers in Kenya. Pediatric surgeons and anesthesia providers from across the continent. New general-surgery and family-medicine residency programs. A school for physician assistants and midwives in war-torn Nuba. A nursing school renovation in Gabon. Medical education buildings in Burundi, Cameroon, and Kenya. In fact, at Kijabe Hospital in Kenya, just two years after opening the medical education building, we are adding even more classroom space at the health training college.

You were there as we **transformed African mission hospitals for the future**. A pediatric ward in the Nuba Mountains of Sudan. A maternity center in Uganda. Oxygen plants at five hospitals in three nations. Intensive care units in two countries. Housing, electrical, water, and solar upgrades across the continent.

We look forward to being together with you in Africa for many years to come.

Serving with you,

Dr. Jon Fielder  
Co-Founder and Chief Executive

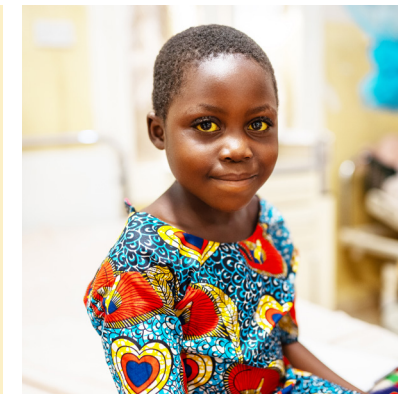
## Your Impact at a Glance

Your gifts were hard at work in 2023.  
Here is a snapshot of what you helped achieve.

*Thank you!*

**273,827**  
**Clinical Visits**

You are healing  
people of all ages.



**1,047**  
**Trainees**

You are paving the  
way for the future of  
healthcare in Africa.



**559**

**Baby Deliveries**

You are safeguarding  
new life, hope,  
and joy.



**1,103**  
**Emergency  
C-sections**

You are protecting  
pregnant women  
in crisis.

**600**  
**Cataract  
Procedures**

You are restoring  
vision.



**16,367**  
**Surgeries**

You are returning  
people to full health  
so they can enjoy and  
care for their families.



**100+**  
**Hospitals and  
Health Centers**

You are transforming  
hospitals and  
communities.



**2.5 Million**  
**Patients**

You are saving  
lives and  
livelihoods.



# You help power the Mission Hospital Teaching Network.

When Sudanese elder Kelleman Maladi was asked what his people need, he replied, *“If our people are taught well, they will do well.”* This spirit animates the Mission Teaching Hospital Network (MHTN). Any one person can do only so much. Teaching pays it forward.

Because of you, MHTN hospitals are building a foundation for excellence in medical education in Africa. Your steady commitment is crucially important. You are helping to ensure that the next generation of health workers in Africa has the opportunity to learn alongside excellent teachers in hospitals that work.

The challenge isn’t just access—it’s access to *high-quality, compassionate care*. Thank you for helping us pass the torch to the next generation of African medical leaders.



**A training session at Kibuye Hope Hospital in Burundi.** A small landlocked country scarred by civil war, Burundi struggles to meet its healthcare needs with limited resources and infrastructure. But thanks to partners like you, Kibuye is teaching the next generation of health workers to ensure everyone has access to quality care.

## AMH has active projects in 11 African countries.

● The highlighted countries show where AMH is providing life-saving care right now.

- Burundi
- Cameroon
- Ethiopia
- Gabon
- Kenya
- Liberia
- Malawi
- South Sudan
- Sudan
- Tanzania
- Uganda



### YOU CAN HELP

*do even more for the next generation of African health workers.*

**“We would like to double our investment in emerging teaching hospitals to transform healthcare across Africa.”**

– DR. JON FIELDER



## You are there for surgical trainees like Dr. Marlene.

### Dr. Marlene’s Story & Message to You

As I grew up I thought, “One day I would like to become a doctor.” I became interested in surgery during medical school at Hope Africa University.

I did my internship at Kibuye Hospital, which is located in a rural area of Burundi, my home country. At that time, there was no pediatric surgeon in the whole nation. I saw many children in great need of operations. There is one child I will never forget. She had undergone multiple

surgeries that were not done by a pediatric surgeon because there was none in the region. We could not help this child. It was too late. I told myself, “I will focus on pediatric surgery and help my community.”

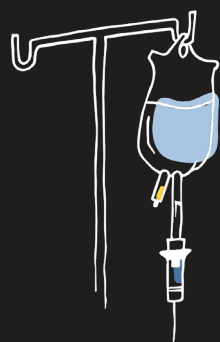
As I look ahead to my third year of training at AIC Kijabe Hospital in Kenya, I’m excited to learn more about excellence in managing my patients with a holistic approach. *I learn a lot from my mentors. This I consider priceless.*

*Thank you for supporting surgical residents like me. May God shower you with abundant blessings.*



## YOU CAN HELP

more people who need surgery right now.



“We would like to increase our SAFE budget by \$750,000 by 2026.”

– BETH WANGIGI  
AMH Vice President of SAFE and Impact

Every person who needs surgery is important. We want to help as many as we can. You can help restore someone's health and make their family whole again!

\$424 per Surgery  
(average cost)

\$250 per C-section

\$29 per Normal Delivery

**FACT:** 288 million people in Africa need surgery now.

**FACT:** Over 95% of children in Africa lack access to surgical care.

**FACT:** You are there to keep them SAFE.

Thanks to caring people like you, African Mission Healthcare has made possible more than 40,000 surgeries and corrective procedures since 2013. We established SAFE to bring quality surgery to people in need: Surgical Access for *Everyone*.

When parents receive surgery in Africa, they return to caring for their children and communities. When children get surgery, they return to school to fulfill their potential. Stronger, happier families make stronger, happier communities. When good-hearted people like you are there for those in greatest need, we all are lifted up. *Thank you!*



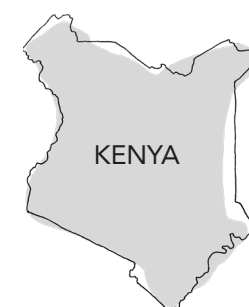
Sister Dr. Priscilla performs surgery—and helps provide Surgical Access For Everyone.

## You were there for Winjoy when her grandmother could not afford her surgery.

Take one look at her big, bright smile and you'll see: it's no wonder this girl was named Winjoy. The 3-year-old from Kenya must surely win joy in the heart of every person she meets. So . . . meet Winjoy!

Can you picture it? Winjoy Jerono arrives at AIC Kapsowar Hospital in January of 2023. Her grandmother accompanies her. At this moment, Winjoy is not herself. She's crying tears of pain. An accident has left her arm severely injured.

When the doctor shares the bad news of a broken bone, Winjoy's grandmother gasps at the cost of the surgery: \$646. A humble, small-scale farmer



with a small plot of land, she can't afford that cost. She barely gets by selling her vegetables, sorghum, and millet to pay Winjoy's school fees. There's little left over. Certainly nowhere near \$646. That amount almost equals the per capita income of

this region in western Kenya—a year's income to fix a broken arm!

So Winjoy's grandmother does the only thing she can think to do: she asks the doctor if she can take Winjoy home to heal without surgery.

Imagine how difficult this must have been—with no hope in sight and Winjoy still in pain.

The doctor said he must refuse the request. The splint that the hospital staff had given Winjoy would not ensure correct alignment. Winjoy could only heal properly if she underwent surgery.



You helped heal Winjoy's broken bone—and restored the joy she shares wherever she goes.

What could her grandmother do? She didn't know. But we did. **She could rely on YOU.**

You were there for Winjoy and her grandmother. You were there when the surgeons—empowered by you through AMH's Surgical Access For Everyone (**SAFE**) program—performed the surgery that set things right again for Winjoy.

**Today, Winjoy is healing.** Smiling. Living her best toddler life. Getting ready to go back to school. Bringing joy to the world. Her grandmother is happy too, because of you!





## You were there for Yusef when he required life-saving chemotherapy far from home.

Yusef is a bright, happy, energetic 12-year-old boy who loves math and playing games with his brothers and sisters. All was well until Yusef felt a strange swelling in his neck and hips.

His father, Maki, took him to a local clinic in their home village of Korongo in Sudan. That's where they learned the scary truth: Yusef's lymph nodes were swollen because he'd developed lymphoma, a treatable cancer of the immune system.

Yusef and Maki traveled a **three days' journey by foot** to Gidel Mother of Mercy Hospital, the only place in the region that offers chemotherapy.

Immediately, Dr. Tom Catena and his colleagues started Yusef on chemo for his curable condition. He has responded well and is eager to return to school. The whole family is beside themselves with joy. **"I'm very grateful,"** Maki said, **"for the treatment Yusef has been receiving here from Dr. Tom."**

**Limitless potential can replace terrible tragedy when a person has access to good healthcare.** For someone like Yusef—born with the odds stacked against him—that's too often made possible only when people like you care.



## You are helping provide an oasis amid the chaos of war.

*"We are working night and day to provide a good level of healthcare. We can't do anything here without your help."*

— DR. TOM CATENA

Conditions in Sudan remain highly unstable as the war rages on and the humanitarian crisis worsens.

Amid the chaos, Gidel Mother of Mercy Hospital is an oasis for the 2 million people we already serve, including more than seven hundred thousand displaced persons fleeing violence. More of them arrive every day. Thanks to your kindness, the team at Gidel is able to offer dignity, safety, and healing.

Even during this tragic season, we are making significant progress. Gidel is treating malaria, performing surgeries, delivering babies, feeding the hungry, training health workers, and overseeing community clinics.

Surgical care at Gidel Hospital is highly cost-effective. According to researchers from Duke



Dr. Tom Catena examines Yusef during his chemotherapy treatment at Gidel Mother of Mercy Hospital in Sudan.

University, \$67 of surgical care prevents a year of disability. Can you imagine such a low number in the Western world? It's a "bargain"—and critically important for ensuring essential healthcare services for everyone.

Because of you, children and families are no longer trapped without medical care. They can move forward in hope, with a full heart—because *you are there for them.*

## Why We Give



**"We think strategically about the way we invest our money. We have the same mindset as we give our money. We believe African Mission Healthcare provides the absolute best return on every dollar we donate, a return not based on earnings but on lives transformed. Year after year, we have seen African Mission Healthcare deliver outsized results toward improving health outcomes for the African poor."**

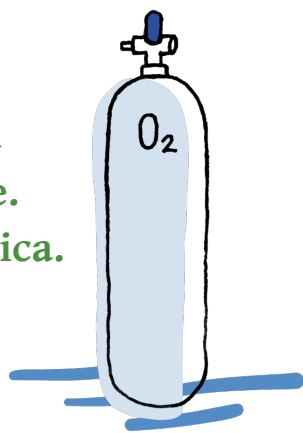
— MARK AND RABBI ERICA GERSON





**When you can't breathe,  
oxygen is an essential medicine.**

**If you're lucky, you never have to think about oxygen. You take it for granted. It's invisible and plentiful. And it's free. Except...not always. Not medical oxygen. Especially in Africa.**



**S**uppose you need surgery. Or suppose you contract severe pneumonia. You soon learn that oxygen is an essential medicine.

But if you live in Africa, you have to hope you're one of the lucky ones. Because in Africa, *only one in five health facilities has any medical oxygen to offer patients.*

Can you imagine a child dying of pneumonia simply because she happens to live near *this* hospital instead of *that* hospital? A life on the line—decided by a “coin flip.”

It's unacceptable.

That's why, in 2020, African Mission Healthcare initiated the O2 Africa campaign, a strategic program to serve sub-Saharan Africa by constructing five oxygen plants to supply area hospitals.

**Today, thanks to your kindness, all five oxygen plants are fully operational.** Many lives have already been saved. We are eager to save many more, with your support.

## You were there for Angela when she could not breathe.

**L**ittle Angela has sickle cell disease, a common condition in areas with high rates of malaria. Sometimes, her red blood cells deform, blocking her vessels and leading to extreme pain and even life-threateningly low levels of oxygen.



During Angela's latest “sickle cell crisis,” she and her mother **walked two hours** to Nkhoma Hospital in Malawi. The hospital's caring and competent staff gave Angela oxygen and intravenous fluids. Thanks to AMH and its supporters, the oxygen came straight from the wall. It was right there at hand, ready and waiting to be used in this critical moment of need. Today, Angela has recovered and is excited about being back in school.

After your generous contributions funded the oxygen plant's planning and design . . . and the hospital's electrical system upgrade . . . and the staff's training . . . an anxious mother looked on as her little girl received this miraculous gift we all take for granted.

*You were there.* Your compassion saved her life—thank you!



Angela received medical-grade oxygen at Nkhoma Hospital in Malawi. She and her mother are forever grateful for you!



## YOUR IMPACT by the numbers

AMH distributes  
oxygen cylinders in  
**2 COUNTRIES**  
...Kenya and Malawi.

The oxygen plants  
have distributed  
**53 MILLION**  
liters of oxygen.

Thank you for helping  
to supply  
**41 HOSPITALS**  
with life-saving oxygen.

That oxygen supply is  
enough to treat  
**10,600 CHILDREN**  
with pneumonia.



**You were there for Agatha and her newborn twins during an urgent C-section delivery.**

Agatha has already tackled many challenges in her life. At 27, she’s worked hard just to be able to keep working hard, proudly.



It started when Agatha was a little girl. Her parents died. She and her siblings were left to fend for themselves. One of them did not survive. Undefeated, Agatha focused on school. But that, too, was a challenge. Sometimes, she’d spend weeks at home because she had no way to pay school fees. Only after local well-wishers helped did Agatha graduate from high school.

After marrying, Agatha and her husband migrated in search of a piece of arable land that they could afford. They found a one-room rental house and acquired a small plot where they cultivate food for home consumption and sell the surplus to sustain their family. The couple now have five children, including two sets of twins.

It’s the youngest set of twins you helped bring safely into the world at Rwibaale Hospital in Uganda. One of the babies had a “face presentation.” A C-section was necessary to prevent life-threatening injuries during delivery.

Just as Agatha felt alone when her parents died—and later when she could not afford to pay her school fees—she was confronted with that awful sinking feeling of being hopelessly alone yet again. How could she ever find the money to

pay for this unexpected surgery? She could not.

**But you were there for Agatha.** Because of your generosity, the doctors successfully performed the urgent C-section for Agatha. Because of your love, mother and newborn twins are happy and healthy together at home. Agatha is so very grateful that her family is safe, sound, and whole—and their future is wide open.

Agatha prays that *“the good Lord may continue to bless the people [who are there for her family] with good health and their heartfelt desires.”*



Agatha embraces her newborn twins. You helped make this beautiful moment possible!



**Healthy babies coming soon, thanks to you!**

**Your generosity brings solace and vital care for pregnant women. At Rwibaale, your kindness is in the air. And the new birthing center here will mean more healthy babies and moms.**

Every day in Uganda, men, women, and children of all ages travel many miles, often by foot, to access quality medical care.

When they arrive at Rwibaale Health Centre, you are there. They can sense your kindness.

Rwibaale serves women from all over southwestern Uganda, refugees from Burundi and Rwanda, and patients seeking care from Congo. Because of you, we can meet their urgent needs. Your generosity continues to

transform the hospital. In 2024, we will open the new Rwibaale Birthing Centre.

You will be there as each new baby is delivered safely. And you will be there as each pregnant woman who needs an emergency C-section gets the care she needs and deserves.

These moms will not have to become just another number—the 1 in 41 lifetime risk an African woman has of dying in childbirth. That is more than 70 times the risk of dying in childbirth here in the

West. Thanks to you, doctors and nurses feel confident they will have what they need to care for these women and newborns: baby weighing machines, infant beds, C-section instruments, oxygen concentrators, electrosurgery equipment, and more.

It’s why Sister Dr. Margaret, an intern now at Rwibaale Health Centre, says to you, *“Today I have great joy in my heart. I am very proud. May God reward you beyond measure.”*



## WHY I GIVE



“African Mission Healthcare is extremely well positioned to figure out where your gifts are most effective. You can be sure that they will deploy your donation in the **most effective, most efficient, and most expedient** way possible.”

– DR. DAVE THOMAS  
AMH board member and Stanhope Bayne Jones Professor of Medicine and Epidemiology, Johns Hopkins School of Medicine and Bloomberg School of Public Health



**None of this is possible without you.**

You are saving lives and strengthening communities. ***Thank you!***

**And yet the need remains vast and urgent.**

*Please, will you help?*

### Here are our most pressing needs:

**Protecting Maternal and Child Health** (including deliveries, C-sections, and birth injury surgeries): Over the course of her lifetime, 1 in every 41 women will die from a pregnancy-related cause. In Uganda, 80% of the women who need a C-section cannot access one. The result is that one in every 50 women in western Uganda suffers from a birth injury. And neonatal mortality rates remain stubbornly high.

**Outfitting New Birthing Center to Open in December at Rwibaale:** Still needed is essential equipment including baby weighing machines, C-section instruments, oxygen concentrators, and electrosurgery equipment.

**Preparing More Hospitals to Become Training Centers to Transform Medical Education in Africa:** Our trainees have made over 1 million surgeries possible. This impact is wonderful, but it's just the beginning. Thousands more trainees and millions more surgeries are urgently needed.

**Will you be there for more families?**



### Some impactful ways you can help right now:

#### **\$29 monthly**

covers the cost to safely deliver 12 babies in Africa every year.

#### **\$50 monthly**

gives 60 Malawian children access to malaria treatment every year.

#### **\$100 monthly**

keeps a rural clinic in the Nuba Mountains of Sudan open for 21 days.

#### **\$250 monthly**

saves the lives of Ugandan mothers and their babies by covering 12 C-sections every year.

#### **\$500 monthly**

trains 12 clinicians in Kenya, who will provide care for 2,500 HIV-infected patients every year.

#### **\$5,000**

pays for the operating theater lights at the new birthing center in Uganda.

#### **\$10,000**

distributes 285 oxygen cylinders in Malawi, enough to treat 385 children with pneumonia.

#### **\$16,000**

funds one year of surgical training for a doctor in Africa. (See page 3 for Marlene's story.)

#### **\$30,000**

sponsors 60 surgeries in Malawi, where only 3% of those needing surgery receive it. This also enhances training for 5 Malawian surgical residents.

*For how to make a gift, please turn the page.*





*You  
have been  
there for those  
in need across  
Africa, helping  
create access  
to quality,  
compassionate  
medical care.  
Thank you.*



## **Please continue to support this transformational work.**

**Online at** [AfricanMissionHealthcare.org](https://AfricanMissionHealthcare.org)

**By check** to African Mission Healthcare  
101 North Woodland Blvd., Suite 500  
DeLand, FL 32720

**By electronic funds transfer**, write to  
[info@AfricanMissionHealthcare.org](mailto:info@AfricanMissionHealthcare.org).

**By donor-advised fund (DAF):**

AMH is in most databases, or contact us.

**By phone**, call 614-259-7229.

**Scan this code with your phone** →  
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